



YOUR FIRST DAY FLYING

Thank You for Booking with Wings & Waves LTD.

We're excited to welcome you to a paragliding course or tandem flight! Our team is dedicated to ensuring you have a safe, memorable, and exhilarating day. Please read the information below carefully to help you come prepared and make the most of your experience.

BOOKINGS

Please book online, email us at info@wingsandwaves.co.nz, or call Eva on 021 727 013 or Reuben on 0274 727 013.

We operate most days from September to May. During winter, we typically fly on weekends, unless the weather is particularly favourable.

We appreciate bookings a week in advance, as it helps us plan and assign instructors. However, you're welcome to enquire on short notice. In summer, weekends can book out, sometimes several weeks ahead.

The best time to reach us by phone is between 9:00–9:30am. Even if we're out teaching, one of us is usually available at that time.

When making a booking, please provide:

- Full name
- Contact phone number
- Approximate body weight
- Date of birth
- Voucher number (if applicable)

Please ensure you have read and are happy with our Privacy Statement and Terms & Conditions.

CANCELLATIONS

Cancellations must be made at least 48 hours prior to the 9am weather call. Failure to do so may result in the expiration of your voucher or booking. We plan our staff and logistics based on bookings, so please call us as soon as possible should your plans change.

On the day of your booking, please contact Eva or Reuben (call, text, or WhatsApp) to

confirm you're coming. This is essential — we pack equipment based on confirmed participants. Once we've left our premises, we cannot return for your gear.

WEATHER CANCELLATIONS

Paragliding is weather-dependent. If conditions change unexpectedly, we may need to cancel or postpone for safety or training quality. While we're experienced at predicting the weather, it's not always perfect — that's part of the sport.

If we cancel, we'll happily rebook your flight or course for another suitable day.

PG WHATSAPP GROUP

If you're booked on a PG1 or PG2 course, please ask Eva to add you to our WhatsApp group. We use it to post:

- Training updates
- Meeting times
- Location info
- Carpool arrangements

Check the group the day before for departure time and vehicle availability. We typically leave by 9:45 AM.

Wings & Waves is unique in offering separate beginner and advanced training groups, ensuring ideal conditions for each level.

MEETING AT WINGS & WAVES (BAYSWATER)

If you'd like a ride to the site, check with us the day before for departure time and available seats. Be at 26 Beresford Street at least 15 minutes early to allow time for carpooling and paperwork.

GETTING HERE BY FERRY

From Downtown Ferry Terminal (Queen Street), take the ferry to Bayswater (approx. 10 mins). Timetables are available at AT.govt.nz.

From the ferry terminal:

- Walk up to the roundabout, wta left
 - Continue to 26 Beresford Street
- More info is on our Contact Page.



CARPOOLING

We encourage carpooling to reduce carbon emissions and share costs. Please contribute at least \$10 to your driver, including Reuben. They may not ask, but it's appreciated. You'll likely save more than that—and it helps ensure rides in the future.

We often drive on the beach. If you have a 4WD, please bring it along.

WHAT TO BRING

Prepare for a full day outdoors. Here's what you'll need:

- Comfortable clothing (e.g., long shorts, T-shirt)
- Sturdy footwear (hiking boots or grippy trainers)
- Hat & sunscreen
- 2L of water minimum
- Lunch/snacks
- A warm top (especially if you're doing a tandem flight)
- Optional: your own paragliding helmet (we have safe helmets for sale provide helmets for initial training)

NZHGPA MEMBERSHIP (REQUIRED)

By Civil Aviation Law, you must be a student member of the New Zealand Hang Gliding & Paragliding Association (NZHGPA).

- For trial flights or 1-day courses, join as a day member for \$20 here.
- For PG1/PG2 course, sign up as a student member and list Wings & Waves as your instructor. Email us your confirmation.

WHAT TO EXPECT ON THE DAY

We typically meet at 11AM at the flying site. Our main training site is at the South end of Karioitahi Beach, near Waiuku/Pukekohe (South of Auckland).

Expect a physically active day. You'll hike hills, train, and fly. It's fun—but it's a workout! Monitor your well-being throughout: stay hydrated, avoid sunburn, and watch for fatigue. Use the IMSAFE aviation checklist as a guide.

Most training ends by 4:30–5:00 PM, though we occasionally stay later. Sometimes we celebrate with a drink at the pub afterwards. If you need to leave early, consider taking your own car, ideally a 4WD, to the site. (Note: Muriwai doesn't require 4WD.)

RISK DISCLOSURE

Paragliding, like any outdoor and aviation sport, involves inherent risk. We take every precaution and ask that you do the same.

Please complete our Participant Form:

- Fill it out online or
- Print, sign, and bring it (or email it to us)
- We also carry spare copies on the day

PAYMENTS

Please pay in advance via bank transfer:

ASB Bank

Account Number: 12-3065-0154223-00

Account Name: Wings & Waves Ltd

Cash is accepted on the day if needed.

✓ CHECKLIST

- Booked your course or flight
- Completed and sent your Participant Form
- Joined NZHGPA as a day or student member
- Contacted us at 9 AM on the day to confirm
- Joined PG1/2WhatsApp group
- Packed your voucher or cash (if not prepaid)
- Wearing sturdy footwear & comfortable clothes
- Brought a warm top, hat, and sunscreen
- Packed lunch and at least 2L of water
- Ready with enthusiasm and patience
- Assessed yourself using the IMSAFE checklist

QUESTIONS?

Call or WhatsApp us: Eva on 021 727 013 or Reuben on 0274 727 013.